

Fillmore Arts Center, DCPS

Performing Arts Distance Learning



DANCE

with Ms. Daniels

JAZZ

WEEKS 2-4

Grades 3-5

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Warm-up videos

Choose 1 each day or 1 per week.

Stoddert 12:30-1:30 Class
Key 12:30-1:30 Class
Ross 12:30-1:30 Class
West

1. **Take 5 Yoga:** <https://www.youtube.com/watch?v=XrkrMyeTiRE&t=96s>
2. **Yoga with Guest:** <https://www.youtube.com/watch?v=-qBOdAde-mg>
3. **Debbie Allen Class:** <https://www.youtube.com/watch?v=b8IEwE-uP6c&t=43s>

Learn a dance routine

Follow each video and memorize 5-10 steps.

1. **Street Jazz** - <https://www.youtube.com/watch?v=tOI-dTbtyTY>
2. **On Broadway** - <https://www.youtube.com/watch?v=UjN8KI2EakI>
3. **“Can’t Stop the Feeling”** - <https://www.youtube.com/watch?v=9sxifR0Ltqk>



Literacy Activities:

1. Please complete the Activity Log below,
“Be A Dance Reporter”.

Download the pdf file in the link below.

<https://dcps.instructure.com/courses/179580/files/2250044/>

2. Watch for enjoyment and dance appreciation:

Debbie Allen (TED Talk): <https://www.youtube.com/watch?v=KPsc4uvpKjY>

Jo Jo Siwa #1U: <https://www.youtube.com/watch?v=RzM56PzKITA>

Kidz Bop Kids “Can’t Stop the Feeling” (Official Music Video)

<https://www.youtube.com/watch?v=HzcTN4YyHZs&app=desktop>

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