



# • Rhythm of Food •

The day **takadimi** became **tortellini**



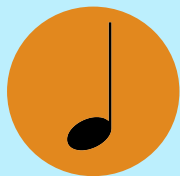
# Lesson Goal

In this lesson, you will create your own rhythm language to match basic note values.

A food category will give you lots of options, but you can choose another category if you want.

Let's get started!

# Words have rhythm!



**ta (quarter note)**

1 syllable

1 sound

1 beat

When we say “ta” or “tadi,” we match the number of syllables to the number of sounds in the rhythm.



**tadi (eighth notes)**

2 syllables

2 sounds

1 beat



**takadimi (sixteenth notes)**

4 syllables

4 sounds

1 beat

# The Rhythm of Fast Food

Practice clapping and saying the words below and notice how they match each rhythm.  
The usual rhythm syllables have been replaced with words related to fast food.



FRIES



MILKSHAKE



CHICKEN NUGGETS

# Your turn!

Select a category. Use one of these--or come up with your own!  
You can be really creative here. 😊

Fruits

Vegetables

Pizza toppings

Ice cream flavors

Candy



Animals

Colors

Flowers

Musical instruments

# The Rhythm of \_\_\_\_\_

(your category)

